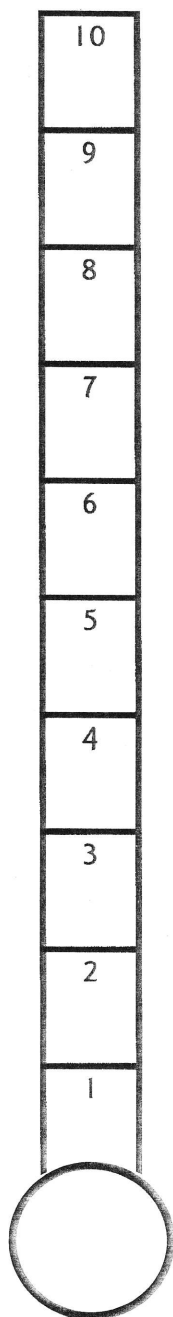


ANGER THERMOMETER

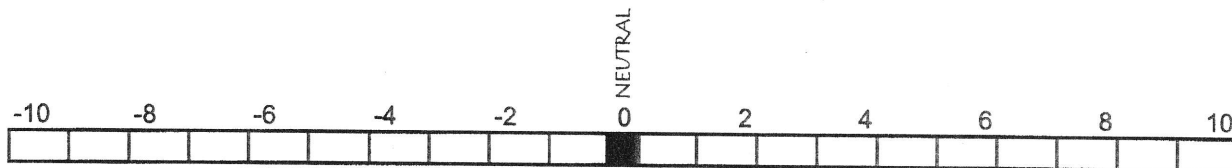
For: _____



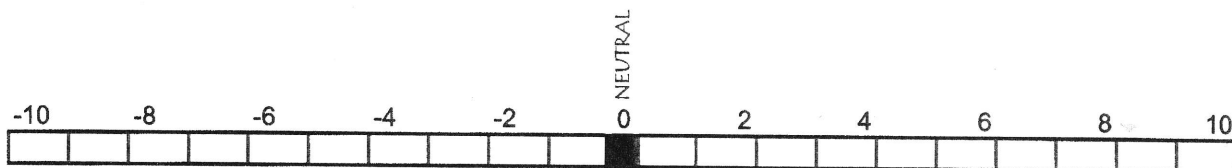
(From *Navigating the Social World*, Program 3.)

EMOTIONS SCALES

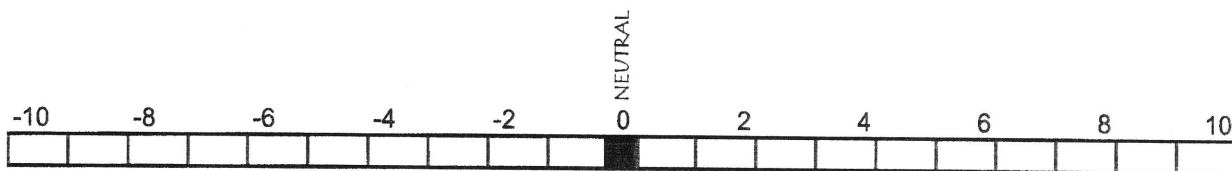
For: _____



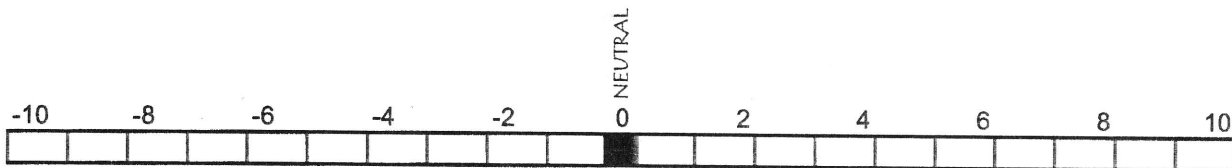
Sad vs. Happy



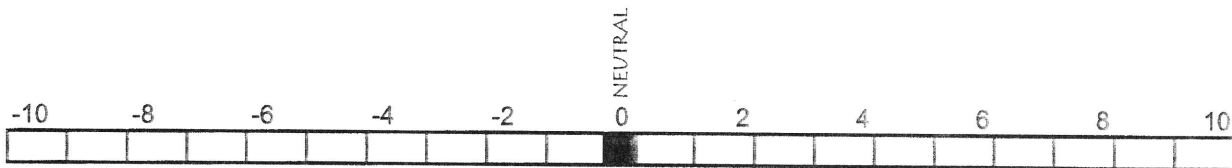
Tired vs. Energetic



Bored vs. Excited



Scared vs. Confident



Angry vs. Pleased

Scales showing 5 different opposites of emotions, each on a continuum. Have the student label the scales with his own choice of words. The words &/or scales can be colored with colors which the student has chosen to match the various emotions. [Note: it may be useful to enlarge this chart when photocopying it for use.]

From *Navigating the Social World*, Program 3.)